



VORSMC Voices of Recovery San Mateo County

Resources and Opportunities

Belmont:

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Belmont, CA 94002
(650) 802-6552

South County:

1842 Bay Road
East Palo Alto, CA 94303
Office: (650) 289-7670 Fax: (650) 321-7004

WHO ARE WE:

Voices of Recovery San Mateo County(VOR) is a nonprofit, peer led organization that was established in 2010 with it's stated purpose being advocating for and supporting the recovery community-those overcoming Drug and/or Alcohol addictions. VOR recognizes that hope is a powerful lever for recovery that can be ignited by the leadership, peer support, and lived experiences of people who have themselves overcome addictions.

VOR provides outreach to promote addiction free lifestyles, participates in health fairs, presentations, agency partnership, social media, and the prevention and education about drugs and alcohol. VOR enjoys stable partnerships with Substance Abuse and Mental Health Services Administration(SAMHSA), San Mateo County's Health System and Behavioral Health and Recovery Services, as well as being an active Partner in local and national initiatives.

WHAT VORSMC DO:

- Voices of Recovery San Mateo County (VORSMC) creates peer-led opportunities for education, wellness, advocacy and support services for individuals in or in need of long term recovery from alcohol and other drug addictions, equally sharing these opportunities and support services with impacted families.
- **VORSMC** coordinates local, state, and federal advocacy efforts. **VORSMC** partners with treatment providers, government entities, officials, community non-profits, faith-based organizations, and other organizations that provide recovery support services to individuals and impacted families
- **VORSMC** is for anyone seeking or maintaining long-term recovery from their own addictions as well as long-term recovery from being affected by another's addictions, including family members, friends, neighbors, and co-workers.

WEEKLY COMMUNITY ZOOM GROUPS:

Monday

Peer Support using WRAP Wellness Tools

6:00 - 7:00 pm.

<https://zoom.us/meeting/register/upEqf-mrrDwtBX4oCHgsysC7mFHmhVXNLA>

Tuesday and Thursdays

Health and Wellness

4:30 - 5:30 pm.

https://zoom.us/meeting/register/uZ0sduuvqDku82FIRaFjyzTtzS2y5k5L_A

Peer Support using WRAP Wellness Tools

6:00 - 7:30 pm.

<https://zoom.us/meeting/register/u5lkduGhrz4sr4q2yn0tGRzoLzeW7udWFQ>

Register in advance for the meeting. After registering, you will receive a confirmation email containing information about joining the meeting.

VORSMC Programs

VOR staff support in preventing relapse, sustaining long-term recovery and support to family members affected by other's addictions.

WRAP® An evidence based practice that empowers people to understand, fulfill and maintain progress towards their own wellness and recovery. VOR staff train as WRAP facilitators to provide the community with WRAP seminars.

Participants in VOR's WRAP seminars receive a participation certificate after completion of the program.

Get involved at VORSMC!

VORSMC strives to create employment opportunities for people in the Recovery Community by offering volunteer opportunities to individuals with lived experience with the ongoing goals of living life in Recovery that may lead to employment opportunities at VORSMC.

